



Family Counselling and
Support Services
FOR GUELPH-WELLINGTON

FREE Mental Health Clinics!

MOUNT FOREST SAME DAY QUICK ACCESS

Please contact Intake at 519-824-2431 ext 12 starting at 9:00am on Mondays to be scheduled for a same day session that will be held between 9:30-4:30pm.

FERGUS SAME DAY QUICK ACCESS

Please contact Intake at 519-824-2431 ext 12 starting at 12:30pm on Thursdays to be scheduled for a same day session that will be held between 1:00-7:00pm.



In order to address COVID-19 concerns, Family Counselling and Support Services for Guelph-Wellington will be offering these therapy sessions in person or by video/telephone in order to follow recommendations put in place by the Government of Ontario. Intake will provide details specific to location during initial contact.